



**OZOMED**  
ozone health solutions

Ozone  
Foot and Bath Spa



Natural Healing

# What's in Your Box

NB: Pictures not to Scale



1 x Cord



1 x Battery



1 x Remote Control



1 x Hose



1 x Ozone Blower Unit



1 x Diffuser Bath Mat



1 x Foot Spa Receptacle

## 4 in 1 Medically Approved Treatments

### **Hydro Heat Therapy**

The recuperative and healing properties of hydro therapy are based on its mechanical and thermal effects. Warm water increases blood circulation and toxins are released through sweat. Hydro heat therapy tones up the body, stimulates digestion, increases blood circulation, boosts the immune system, detoxifies the body and relieves pain.

### **Ozone Therapy**

Ozone is a supercharged form of oxygen.

While oxygen has two atoms ozone has three.

When used in conjunction with hydro heat therapy ozone enters the blood stream through the pores of the skin that are now opened up.

Ozone has the ability to join itself to and destroy viruses, anaerobic bacteria, fungi etc.

During this process of oxidation only one of the atoms is released leaving two unused.

The remaining two atoms are oxygen which will increase the oxygen saturation in the bloodstream.

## **Massage Therapy**

Probably the oldest therapy known to man, massage therapy is used to relax the body and mind while increasing blood circulation.

As the water pulsates gently against the body it has a calming effect on tired or stiff muscles.

Stress and tension are eased as the body slowly moves into relaxation.

Massage therapy enhances the rate of delivery of nutrients to the cells and at the same time speeding up the release of toxins from the body.

## **Aroma Therapy**

Ozomed herbal bath oils are a supplementary and beneficial natural health treatment.

The Aroma oil's swift efficiency is due to the interaction between an ideal water-and –herb combination.

Pure, highly aromatic, etheric, and with the ingredients of essential oils and herbal extracts, it generates a feeling of general well-being.

Skin-friendly emulsifiers make the oil, water-soluble.

The end-product is moderately and pleasantly foaming.

J Nat Sci Biol Med. 2011 Jan-Jun; 2(1): 66–70.

doi: [10.4103/0976-9668.82319](https://doi.org/10.4103/0976-9668.82319)

PMCID: PMC3312702

PMID: [22470237](https://pubmed.ncbi.nlm.nih.gov/22470237/)

## Ozone therapy: A clinical review

A. M. Elvis and J. S. Ekta

► [Author information](#) ► [Copyright and License information](#) [Disclaimer](#)

This article has been [cited by](#) other articles in PMC.

### Abstract

Go to:

Ozone (O<sub>3</sub>) gas discovered in the mid-nineteenth century is a molecule consisting of three atoms of oxygen in a dynamically unstable structure due to the presence of mesomeric states. Although O<sub>3</sub> has dangerous effects, yet researchers believe it has many therapeutic effects. Ozone therapy has been utilized and heavily studied for more than a century. Its effects are proven, consistent, safe and with minimal and preventable side effects. Medical O<sub>3</sub> is used to disinfect and treat disease. Mechanism of actions is by inactivation of bacteria, viruses, fungi, yeast and protozoa, stimulation of oxygen metabolism, activation of the immune system. Medication forms in a gaseous state are somewhat unusual, and it is for this reason that special application techniques have had to be developed for the safe use of O<sub>3</sub>. In local applications as in the treatment of external wounds, its application in the form of a transcutaneous O<sub>3</sub> gas bath has established itself as being the most practical and useful method, for example at low (sub-atmospheric) pressure in a closed system guaranteeing no escape of O<sub>3</sub> into the surrounding air. Ozonized water, whose use is particularly known in dental medicine, is optimally applied as a spray or compress. Diseases treated are infected wounds, circulatory disorders, geriatric conditions, macular degeneration, viral diseases, rheumatism/arthritis, cancer, SARS and AIDS.

# Let's Get Started

## Choose Your Treatment

1. Ozone Bath Spa
2. Ozone Foot Spa
3. Ozone Dry Treatment
4. Ozone Shower Absorbtion
5. Ozone Air Purification

# 1. Ozone Bath Spa



- a.** Fill Bath tub half full with water
- b.** Place Blue mat at bottom of tub
- c.** Place Blower unit on a stool and connect to power
- d.** Connect hose to blower and mat
- e.** Get into bath tub sitting with legs straight
- f.** Using remote start your machine and set timer to 15min
- g.** After 5min bend knees while you sink into the water up to your neck.
- h.** Relax until machine switches off
- i.** Disconnect hose from blower unit first
- j.** Dry yourself and keep warm for a few minutes



## 2. Ozone Foot Spa

- a.** Choose a suitable spot at home
- b.** Fill halfway with water approx 10L
- c.** Connect Blower to power
- d.** Connect hose to Blower and Foot Spa
- e.** Sitting on a chair immerse feet into water
- f.** With feet resting on diffuser holes start machine
- g.** Timer starts on 15min. Leave on at 15min
- h.** Dry feet and keep warm for a few minutes





### 3. Ozone Dry Treatment



- a. Place mat on bed
- b. Connect to Blower unit
- c. Lie on top of mat
- d. Cover up to neck with thin sheet
- e. Switch unit on and run for 15min

## 4. Ozone Shower Absorbtion



- a. Fold mat and place on shower floor
- b. Connect to Blower unit
- c. Close door with allowance for pipe
- d. Switch unit on
- e. Begin your shower
- f. Be aware that door is slightly open
- g. Run machine for 15min
- h. With hot water and steam the pores open to receive ozone.

## 5. Ozone Air Purification



- a. Place Blower unit on stool in room
- b. No need for hose
- c. Open cupboards
- d. Close windows and doors
- e. Switch Blower unit on
- f. Set timer for 60min
- g. Leave room
- h. When blower switches off vent room

# Power at Your Fingertips.



1. Switch machine on - only indicator light will come on.
2. Switch ozone on - blue indicator light will come on.
3. Choose timer setting - generally 15min. (Machine will switch off on its own)
4. Choose between Rhythm **OR** Massage : Machine comes on at this point.

## Rhythm and Speed work together.

Rhythm has 3 settings. Each gives a variance of highs and lows.  
Speed will give you a Low, Medium or High in either 1 or 2 or 3.

## Massage and Strength work together.

Massage is a constant pressure from the machine.  
Strength gives you 3 options of Low, Medium or High.

5. Heat warms the air coming from your machine to delay water from getting cold too quickly.

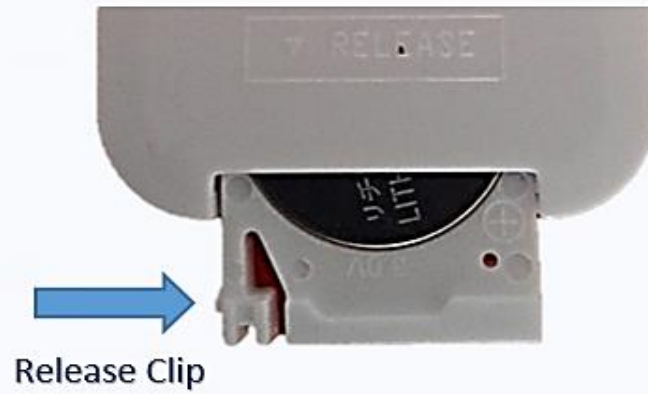
## Always Safety First

1. Before use please read the manual carefully.
2. Do not pull, cut, coil or bend the supply cord. Any damage to the cable may cause electric shock.
3. Do not dip or drop the appliance into water.
4. Do not disassemble and reassemble the appliance.
5. Appliance must be earthed.
6. Before using the appliance, check that the mains power voltage corresponds to the voltage shown on the rating plate.
7. Always remove the plug from the power socket when the appliance is not in use and before carrying out any cleaning or maintenance operations.
8. Do not use the wet hand to remove the supply plugs.
9. Do not pull on supply cord when removing the plug.
10. If the appliance fails to work normally, for safety reasons switch off the power and send it to the supplier or official service agent.
11. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent.
12. Do not clean the appliance in water. Wipe with a damp cloth.
13. The power unit, except parts supplied with an extra-low voltage not exceeding 12V(Remote Control) must be inaccessible to the person in the bath.
14. Parts incorporating electrical components, except the remote control, must be located or fixed so that they cannot fall into the bath.
15. Do not place the appliance on a wet surface . Keep the appliance dry at all times. Place on stool away from tub.
16. Do not replace the hose. Only use hoses supplied by the manufacturer.
17. Before and after use, please remove the water in the hose.
18. No part of the appliance is to be located directly above the bath during use.

# Remote Battery



Push Right  
and  
Pull Out



Release Clip



# Specifications

Voltage : 220 - 240V ~50Hz

Power : 700 Watts

Ozone Output : <0.05ppm

Air Output : 75L/Sec

Dimension of Machine : 30 x 21 x 26cm (L x W x H)

Size of Mat : 116 x 37.5 cm (L x W)

Length of Hose : 2.10m

## Certificates



Reach



**IEC 60335**

# Warranty

1. Remote, Hose, Mat, Cord, Foot Spa Receptacle  
Supplied with no defect.
2. Blower Unit : External features supplied with no defect.

*Should you find any problem then please contact the supplier immediately.*

## **Blower Unit**

*The internal mechanism carries a one year warranty provided it has been used for the purposes mentioned in this brochure and in the manner stipulated. It is a "carry in" Warranty. (Machine to be serviced every 5 years.)*



## Invest Now in Your Future

The Ozomed Home Health Care System is absolutely affordable and can save you hundreds of rands in doctor's bills and medication.

You have the power to improve your health today.

The Ozomed Ozone Health Spa is designed to help increase oxygenation at cellular level and helps improve blood circulation. Join hundreds of happy Ozomed customers that are enjoying better health due to the Ozomed Ozone Home Health Care System.

Just spend 15 minutes per session in the comfort of your own home and relax while the Ozomed Spa works for you.

*Sit Back, Relax and Let the Healing Begin the Way Nature Intended It.*

## **Yours in Good Health**